



2024 SUMMER CAMP SCHEDULE

July 2 - August 9, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:15 - Edge		9:00-9:30 - Group	9:00-9:30 - D/S/C	9:00-9:30 - Theatre
JR INT A & B O12		JR INT A & B O12	O12 / Adult JUNIOR	JR INT A & B O12
9:15-9:30 - Group		9:30-10:15 - Freeskate	9:30-9:45 - Edge	9:30-10:15 - Freeskate
JR INT A & B O12		INT A & B O12 / Adult	JR INT A & B O12	INT A & B O12 / Adult
9:30-10:15 - Freeskate		10:15-10:30 - FLOOD	9:45-10:30 - Freeskate	10:15-10:30 - FLOOD
INT A & B O12 / Adult		10:30-11:15 - Freeskate	INT A & B O12 / Adult	10:30-11:15 - Freeskate
10:15-10:30 - FLOOD		SENIOR	10:30-10:45 - FLOOD	SENIOR
10:30-11:15 - Freeskate	10:15-11:00 - Freeskate	11:15-12:00 - Freeskate	10:45-11:30 - Freeskate	11:15-12:00 - Freeskate
SENIOR	JUNIOR	JUNIOR	SENIOR	JUNIOR
11:15-12:00 - Freeskate	11:00-11:30 - D / S / C	12:00-12:15 - Spins	11:30-12:15 - Freeskate	12:00-12:15 - Spins
JUNIOR	JUNIOR O12 / Adult	JUNIOR INT A & B	JUNIOR	JUNIOR INT A & B
12:00-12:15 - Spins	11:30-12:15 - Freeskate	12:15-12:30 - Edge	12:15-12:30 - Edge	12:15-12:30 - Edge
JUNIOR INT A & B	INT B O12 / Adult	JUNIOR INT A & B	JUNIOR INT A & B	JUNIOR INT A & B
12:15-12:30 - Edge	12:15-12:30 - Flood	12:30-12:45 - FLOOD	12:30-12:45 - FLOOD	12:30-12:45 - FLOOD
JUNIOR INT A & B	12:30-1:00 - D / S / C	12:45-1:00 - Edge	12:45-1:15 - D / S / C	12:45-1:00 - Edge
12:30-12:45 - FLOOD	INT A & B SENIOR	SENIOR	INT A & B SENIOR	SENIOR
12:45-1:00 - Edge	1:00-1:45 - Freeskate	1:00-1:45 - Freeskate	1:15-2:00 - Freeskate	1:00-1:45 - Freeskate
SENIOR	INT A SENIOR	SENIOR	INT A SENIOR	SENIOR
1:00-1:45 - Freeskate	1:45-2:00 - Edge	1:45-2:00 - Edge		1:45-2:00 - Edge
SENIOR	SENIOR	SENIOR		SENIOR
1:45-2:00 - Edge				
SENIOR				

D / S / C - Dance, Skills, Choreography

OFF ICE

Monday	Tuesday	Wednesday	Thursday	Friday
9:30-10:15	9:00-10:00	9:30-10:15	9:00-9:15	9:30-10:15
SENIOR	JUNIOR	SENIOR	INTERMEDIATE A & B	SENIOR
9:45-10:45	10:15-11:15	9:45-10:45	9:45-10:30	9:45-10:45
JUNIOR	INTERMEDIATE A & B	JUNIOR	SENIOR	JUNIOR
10:30-11:30	11:15-12:15	10:30-11:30	10:00-10:45	10:30-11:30
INT A & B O12 / Adult	SENIOR	INT A & B O12 / Adult	JUNIOR	INT A & B O12 / Adult
11:30-12:15	12:00-12:30	11:30-12:15	10:45-11:30	11:30-12:15
SENIOR	JUNIOR	SENIOR	INT A & B O12 / Adult	SENIOR
12:45-1:15	12:30-1:00	12:45-1:15	11:45-12:15	12:45-1:15
INTERMEDIATE A & B	O12 / Adult	INTERMEDIATE A & B	SENIOR	INTERMEDIATE A & B

<p><u>Week 1:</u> July 2 - 5</p> <p><u>Week 2:</u> July 8 - 12</p> <p><u>Week 3:</u> July 15 - 19</p> <p><u>Week 4:</u> July 22 - 26</p> <p><u>Week 5:</u> July 29 - August 2</p> <p><u>Week 6:</u> August 5 - 9</p>
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JULY/AUGUST 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	01  NO SKATING	02 Meadows East	03 Mill Woods A	04 Mill Woods A	05 Meadows East	06
07	08 Meadows East	09 Meadows East	10 Mill Woods A	11 Mill Woods A	12 Meadows East	13
14	15 Meadows East	16 Meadows East	17 Mill Woods A	18 Mill Woods A	19 Meadows East GATEWAY CHALLENGE	20
21	22 Meadows East	23 Meadows East	24 Mill Woods B	25 Mill Woods B	26 Meadows East	27
28	29 Mill Woods A	30 Mill Woods A	31 Mill Woods A	AUG 01 Mill Woods A	02 Mill Woods A	03 WILD ROSE COMPETITION
04 WILD ROSE COMPETITION	05 WILD ROSE COMPETITION NO SKATING	06 Mill Woods A	07 Mill Woods A	08 Mill Woods A	09 Mill Woods A TEST DAY	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26 Pre-Season Camp	27 Pre-Season Camp	28 Pre-Season Camp	29	30	31





JUNIOR

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:15 Edge		9:00-9:30 Group	9:00-9:30 Dance/Skills/Choreo	9:00-9:30 Theatre
9:15-9:30 Group	9:00-10:00 Off Ice	9:45-10:45 Off Ice	9:30-9:45 Edge	9:45-10:45 Off Ice
9:45-10:45 Off Ice	10:15-11:00 Freeskate	BREAK	10:00-10:45 Off Ice	BREAK
BREAK	11:00-11:30 Dance/Skills/Choreo	11:15-12:00 Freeskate	BREAK	11:15-12:00 Freeskate
11:15-12:00 Freeskate	BREAK	12:00-12:15 Spins	11:30-12:15 Freeskate	12:00-12:15 Spins
12:00-12:15 Spins	12:00-12:30 Off Ice	12:15-12:30 Edge	12:15-12:30 Edge	12:15-12:30 Edge
12:15-12:30 Edge				

INTERMEDIATE B

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:15 Edge		9:00-9:30 Group	9:00-9:15 Off Ice Warm Up	9:00-9:30 Theatre
9:15-9:30 Group			9:30-9:45 Edge	
9:30-10:15 Freeskate		9:30-10:15 Freeskate	9:45-10:30 Freeskate	9:30-10:15 Freeskate
10:30-11:30 Off Ice	10:15-11:15 Off Ice	10:30-11:30 Off Ice	10:45-11:30 Off Ice	10:30-11:30 Off Ice
BREAK		BREAK	BREAK	BREAK
12:00-12:15 Spins	11:30-12:15 Freeskate	12:00-12:15 Spins	12:15-12:30 Edge	12:00-12:15 Spins
12:15-12:30 Edge	FLOOD	12:15-12:30 Edge	FLOOD	12:15-12:30 Edge
12:45-1:15 Off Ice	12:30-1:00 Dance / Skills / Choreo	12:45-1:15 Off Ice	12:45-1:15 Dance / Skills / Choreo	12:45-1:15 Off Ice

INTERMEDIATE A

Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:15 Edge		9:00-9:30 Group	9:00-9:15 Off Ice Warm Up	9:00-9:30 Theatre
9:15-9:30 Group			9:30-9:45 Edge	
9:30-10:15 Freeskate			9:45-10:30 Freeskate	
10:30-11:30 Off Ice			10:45-11:30 Off Ice	
BREAK	10:15-11:15 Off Ice	BREAK	BREAK	BREAK
12:00-12:15 Spins	11:30-12:15 Freeskate	12:00-12:15 Spins	12:15-12:30 Edge	12:00-12:15 Spins
12:15-12:30 Edge	<i>FLOOD</i>	12:15-12:30 Edge	<i>FLOOD</i>	12:15-12:30 Edge
12:45-1:15 Off Ice	12:30-1:00 Dance / Skills / Choreo	12:45-1:15 Off Ice	12:45-1:15 Dance / Skills / Choreo	12:45-1:15 Off Ice
	1:00-1:45 Freeskate		1:15-2:00 Freeskate	

O12 & ADULT

Monday Meadows E	Tuesday Meadows E	Wednesday Mill Woods A	Thursday Mill Woods A	Friday Meadows E
9:00-9:15 Edge		9:00-9:30 Group	9:00-9:30 Dance / Skills / Choreo	9:00-9:30 Theatre
9:15-9:30 Group			9:30-9:45 Edge	
9:30-10:15 Freeskate	11:30-12:15 Freeskate	9:30-10:15 Freeskate	9:45-10:30 Freeskate	9:30-10:15 Freeskate
10:30-11:30 Off Ice	12:30-1:00 Off Ice	10:30-11:30 Off Ice	10:45-11:30 Off Ice	10:30-11:30 Off Ice

SENIOR

Monday	Tuesday	Wednesday	Thursday	Friday
9:30-10:15 Off Ice		9:30-10:15 Off Ice	9:45-10:30 Off Ice	9:30-10:15 Off Ice
10:30-11:15 Freeskate		10:30-11:15 Freeskate	10:45-11:30 Freeskate	10:30-11:15 Freeskate
11:30-12:15 Off Ice		11:30-12:15 Off Ice	11:45-12:15 Off Ice	11:30-12:15 Off Ice
BREAK	11:15-12:15 Off Ice	BREAK	BREAK	BREAK
12:45-1:00 Edge	12:30-1:00 Dance / Skills / Choreo	12:45-1:00 Edge	12:45-1:15 Dance / Skills / Choreo	12:45-1:00 Edge
1:00-1:45 Freeskate	1:00-1:45 Freeskate	1:00-1:45 Freeskate	1:15-2:00 Freeskate	1:00-1:45 Freeskate
1:45-2:00 Edge	1:45-2:00 Edge	1:45-2:00 Edge		1:45-2:00 Edge